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ILA CHAIRMAN AND PRESIDENT'S MESSAGE



Harpreet Singh Ahluwalia
CHAIRMAN



George Vannilam
PRESIDENT

Namaskar and warm greetings to all!

Today is the **79th Independence Day of India!** We stand here not only in remembrance of a historic moment but in reverence to a spirit that has withstood the test of time. On this day, 78 years ago, at the stroke of midnight, a nation found its voice, its footing, and its freedom. A dream awakened- of a sovereign democratic republic born from the sacrifices of millions.

Let us take a moment to honor the legacy of the **freedom fighters** who gave their lives, their youth, and their comforts so that future generations could breathe free. From Mahatma Gandhi's path of non-violence to Netaji Subhash Chandra Bose's call to arms, from Bhagat Singh's courage to the resilience of countless unsung heroes across villages, towns and cities – their stories form the moral compass of this republic.

But, Independence Day is not merely about looking back. It's also a day to reflect on what we've built – and the responsibilities that come from with freedom.

In these 78 years, India has transformed dramatically. We are the world's largest democracy, home to 1.4 billion voices, speaking in over 120 languages and dialects, bound together by the threads of unity in diversity. We have built a resilient economy, emerged as a global leader in technology, space exploration, pharmaceuticals and start-ups. From Chandrayaan to the digital revolution, India has shown that innovation can thrive in the soil of aspiration.

Yet, as we celebrate, we must also introspect. Freedom is not static. It demands continuous commitment- to justice, to equity, to truth. Independence is not just political – it must also be **economic, social, and environmental**. Are we ensuring freedom from hunger, illiteracy, discrimination, and climate injustice? Are we creating a nation where every child, regardless of gender or background, can dream fearlessly and realize that dream?

Today, our young generation stands at a powerful crossroads. With the World watching, India has the opportunity to be a **beacon of democratic values**, inclusive growth and innovation. But that promise comes with responsibility, Let's teach the next generation that patriotism is not just about flag-waving – it is about compassion, integrity and contribution.

Let us also remember the **Indian Diaspora** who carry the spirit of India to every corner of the globe. Our achievements, values and commitment to your roots are a living tribute to the idea of India.

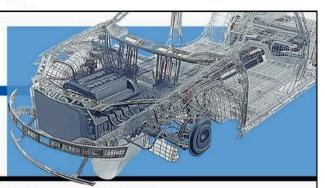
So, as the tricolor flutters proudly in the August sky, let it remind us not just of where we came from, but where we must go. Let it inspire in us the courage to question, the strength to reform, and the unity to rise – together!

Let us pledge to build an India that is not only strong, but kind, not only ambitious, but inclusive, not only free, but just – truly just!

Jai Bharat!







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Annadurai Murugesan

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The India League of America is very proud to host the 79th year of India's Independence Day celebration here in Michigan. For those of us calling Michigan home, in spite of being thousands of miles away from our home country, we are indeed lucky and blessed with this unique opportunity to be a part of this amazing event with all the members of Indian associate organizations, well-wishers, entrepreneurs, businesses, vendors, and everyone representing our home country...India. By celebrating India's Independence Day every year, with the usual grand festivities, we not only celebrate it, but pass on to our younger generation, our rich culture, tradition and heritage that India stands for.

On behalf of the ILA Souvenir committee, we thank each and every one of the sponsors for your extraordinary support in helping us shape this Souvenir and for your unwavering and best wishes for the event. We look forward to working with all of you and your continued support.

Thank you, and wish you all a great 79th India Independence Day celebrations!



Happy Independence Day

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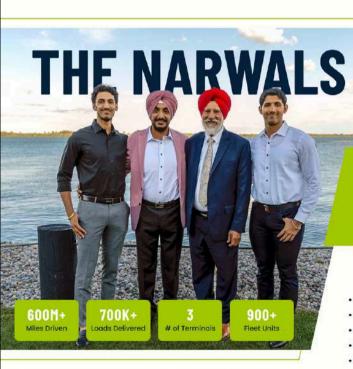
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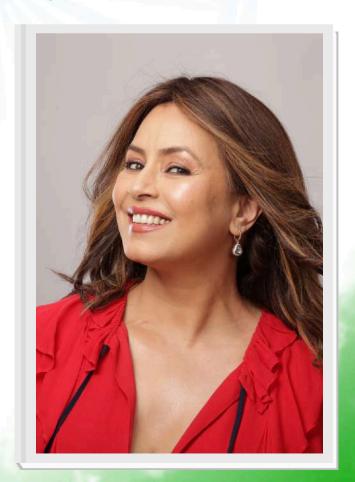
Mahima Chaudhry

It has been a privilege to be part of the AQL India Day 2025 celebrations organized by the India League of America. This event is a shining example of how our community comes together to honor India's rich history, vibrant culture, and the spirit of unity that transcends borders.

I am truly inspired by the dedication and passion of the ILA team in creating a platform that not only celebrates our heritage but also strengthens the bonds among Indians living in America. Witnessing the joy, pride, and togetherness here has been a heartwarming experience.

Thank you for the warm welcome and love you have shown me. I will treasure these memories and the spirit of India that radiated throughout this celebration.

Jai Hind! == Mahima Chaudhry





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CHIEF GUEST (2025)

Senator Elissa Slotkin

Elissa has dedicated her career to serving the country she loves. A former CIA analyst who served three tours in Iraq alongside the U.S. military, Elissa then worked in national security roles at the Pentagon and White House under President Bush and President Obama. In the Obama Administration, she briefed the President on some of the most sensitive national security matters of the day and was eventually nominated to serve as Assistant Secretary of Defense for International Security Affairs at the Pentagon.

In 2018, Elissa was motivated to do more and ran for Congress, flipping a long time Republican-held seat and helping Democrats retake the majority in the U.S. House of Representatives. Elissa was re-elected to the House in 2020 and again in 2022 by delivering on the things that mattered the most to her constituents – expanding access to affordable healthcare, lowering the cost of prescription drugs, and bringing critical supply chains and manufacturing back to Michigan.

In November 2024, Elissa was elected to serve Michigan in the U.S. Senate, succeeding Debbie Stabenow. In the Senate, Elissa will fight to expand Michigan's middle class, create jobs with dignity, and keep our communities and children safe.







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Dr. Hitinder Gurm

Medical Leadership Awardee 2025

Sometimes, you meet someone whose quiet strength, deep purpose, and daily actions speak louder than any spotlight ever could. Someone whose professional performance isn't just impressive on paper but transformative in people's lives.

Currently Dr. Gurm is the Chief Medical Officer (CMO) at U of M Health. But he began his journey from Christian Medical College, Ludhiana, India, where he shaped not only his clinical skills but also his lifelong belief in service. That foundation took him across the world, to top training at the Cleveland Clinic, and eventually to Michigan where for nearly two decades, he has quietly and steadily been changing the very way we deliver heart care.



He's the kind of leader who doesn't chase recognition but it finds him anyway. In 2018, he was named in the "50 experts leading the field of patient safety" by Becker's Hospital Review. In 2023, under his leadership, the BCBSM Cardiovascular Consortium (BMC2) received the prestigious John M. Eisenberg Award for Innovation in Quality national recognition from The Joint Commission and the National Quality Forum.

He has written hundreds of scientific papers, holds medical patents, and leads a statewide effort that is not only saving lives but also narrowing health disparities. Academically, he holds the title of Park Willis III Collegiate Professor of Cardiovascular Medicine at the University of Michigan; an endowed professorship that reflects the deep respect he holds in the field. He is a Fellow of the American College of Cardiology, a member of the American Society for Clinical Investigation, and a sought-after speaker at national forums.

But those closest to him will tell you: his greatest strengths are his humility, his calmness when it matters most, and the way he listens; truly listens to both patients and peers. He is a teacher, a reformer, an innovator. But above all, Dr. Gurm is a servant leader, one whose compassion and conviction ripple far beyond hospital walls.

Tonight, we don't just recognize his titles or his awards. We honor the heart behind the work—the heart that has quietly made thousands of other hearts stronger.

Please join me in welcoming Dr. Hitinder Gurm, the Medical Leadership Award winner for 2025!



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Anand Gangadharan

Entrepreneur of the year





Ladies and gentlemen,

It is our honor to introduce Anand Gangadharan, Presdient and CEO of both NoviEnergy and nVision Energy- a visionary leader reshaping the future of clean energy.

A Storied Career Rooted in Innovation:

Anand founded Novi Energy in 2002 and has meticulously grown the company into a globally trusted project developer in solar, energy storage, and natural gas fueled power infrastructure. Since 2022, he has also been helming nVision Energy, Novi's nuclear-focused affiliate, driving its mission to commercialize the most modern, passively safe, next-generation advanced nuclear energy solutions.



Industry-Leading Strategy in Nuclear Power:

Under Anand's leadership, nVision has partnered with TerraPower to deploy Natrium small modular reactors with integrated molten-salt storage- capable of base-load and flexible power delivery across the US. His vision emphasizes a developer-led model, structured financing, and risk-managed deployment, positioning nVision to accelerate carbon-free grid transformation.

Deep Expertise & Strategic Leadership:

Anand brings decades of energy project development experience to the table- from utility and industrial and hyperscale clients. His team has unmatched credentials spanning licensing, engineering, financing, construction management, and nuclear operations, including U.S. Navy professionals. His leadership is recognized for integrity, operational excellence, and a relentless focus on community partnership.

Why He Commands This Stage:

Proven Track Record: Over two decades of energy sector leadership-transforming complex challenges into scalable solutions. Innovative Vision: Trailblazing the deployment of advanced nuclear paired with energy storage to meet modern grid demands.

Community-Focused:

Balances technological ambition with local engagement and stewardship. Anand Gangadharan holds a Master of Science degree in Nuclear Engineering from Texas A & M University in College Station, Texas and he exemplifies the leadership our energy economy demands – bold, experienced and dedicated to carbon-free, resilient infrastructure. Whether through development of Novi Energy's utility-scale renewable and clean power projects or nVsion's SMR-driven promise, Anand is crafting a future where clean power is reliable, affordable and scalable. Please join us in welcoming Anand Gangadharan, a leader who is truly powering tomorrow. ILA is proud and honored to bestow upon him the Entrepreneur of the Year 2025 award!







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Harpreet Singh Cheema & Navneet Kaur Cheema

Inspirational Couple of the Year 2025

From Marathons to Mountain Summits Harpreet Singh Cheema and his wife, Navneet Kaur Cheema, made it to the summit of Mount Vinson, the highest peak in Antarctica on January 7, 2025. This is right after they achieved another remarkable feat on May 23, 2024 by becoming the ninth couple in the world to reach the summit of Mount Everest.

A Journey of Passion, adventure, Health and Perseverance:

Cheemas' passion for mountaineering began as an extension of their love for marathons, cycling and triathlons. What started as a way to explore new challenges quickly grew into a deep love for the mountains and the tranquility of nature. Through training and expeditions, they found not only physical fitness but mental clarity as well. This illustrious couple's shared love for travel- exploring new places and experiencing different cultures and immersing themselves in diverse languages and cultures- further fueled their desire to explore the mountains of the world. Their first significant hiking adventure took them to Machu Picchu in Peru, where they hiked the Inca Trail for three days to reach the Sacred Valley in the summer of 2018.





The Peaks They Conquered:

Europe – Eibrus, Russia at 18510 ft on Jan. 28, 2022
South America – Acconcagua, Argentina at 22838 ft on Jan. 14, 2023
North America – Dennali, Alaska at20,322 ft. on Jun 12. 2023
Asia – Mount Everest at 29032 ft on May 23, 2024
Antarctica – Mount Vinson at 16050 ft. on Jan. 7, 2025. And the one left in their mission is,

Africa – Kilimanjaro, Tanzania at 19341 ft.on October 13, 2019

Oceania – Carstenz Pyramid a.k.a. Puncak Jaya in Indonesia to become the only couple to conquer all the highest peaks in all the continents!

Personal Details:

Harpreet Singh Cheema is a Senior Vice President at CommonSpirit Health in USA. He holds a Bachelor degree with honors in Electrical Engineering and an MBA in Strategy and Marketing.

Navneet Kaur Cheema is a Computer Science Engineer working at Expedia Group.

The couple lives in Ann Arbor, MI with their 2 children – daughter Chaaniyaa Cheema and son Huqmaay Cheema.

Let us bring our palms together to welcome this Inspirational Couple of the Year 2025!



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Honoring Our Dual Heritage This Independence Day

India's Independence Day stands as a powerful reminder of the courage, sacrifice, and unbreakable spirit that shaped a nation's path to freedom. It is more than a historic milestone; it is a call to action for every generation to carry forward the values of unity, hope, and progress. As we celebrate this day, we remember that strength comes from standing together, embracing our shared history, and working toward a brighter future.

As young Indian Americans, we carry two rich cultures within us. Our Indian heritage roots us in resilience and tradition, while our American upbringing encourages boldness and curiosity. These identities do not compete;



they complement each other, teaching us that pride in our roots and confidence in our future can grow together. Through cultural dance, community work, and my role as Miss India Michigan 2024, I have seen how embracing both cultures empowers us to break barriers and make a meaningful impact.

On this Independence Day, I encourage those finding their place between cultures to honor both the land of their roots and the land of their growth. Hold your heritage close and wear it proudly. By embracing where you come from, you gain the strength and courage to build a future filled with endless possibilities. Together, we can build bridges not just between cultures but between communities, creating a world where every voice is heard and every story matters.

-Shaili Annadurai

ILA PAST EVENTS













ILA PAST EVENTS



















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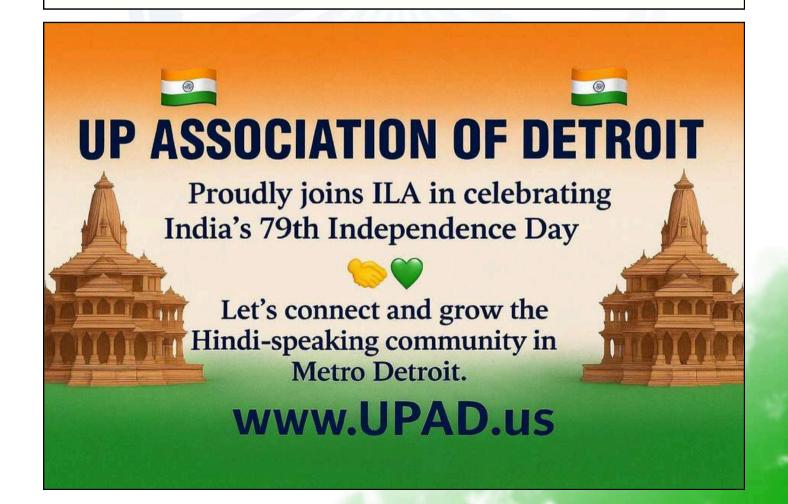
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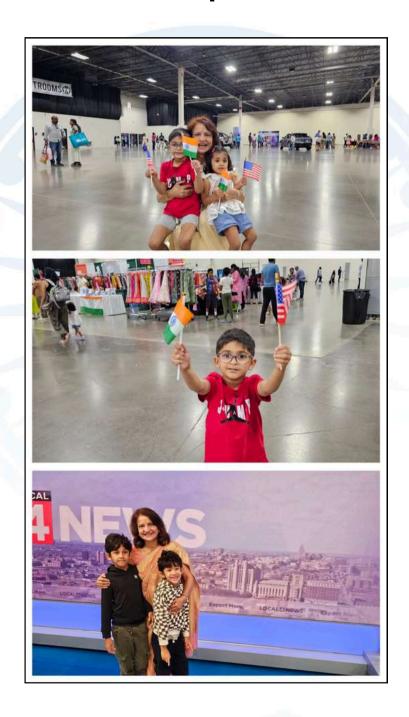
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Nani - Rashmi Upadhyaya and kiddos !!

Jai Hind





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Miindia.com is the web portal of choice for several thousand residents of Indian origin living in Michigan and vicinity. Founded in 1999, miindia.com is a dynamic interactive forum connecting people.

Content Features

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About the Michigan Indian Community:

Fastest growing ethnic community in Michigan Over 140,000 residents with an annual growth rate of 2.5%

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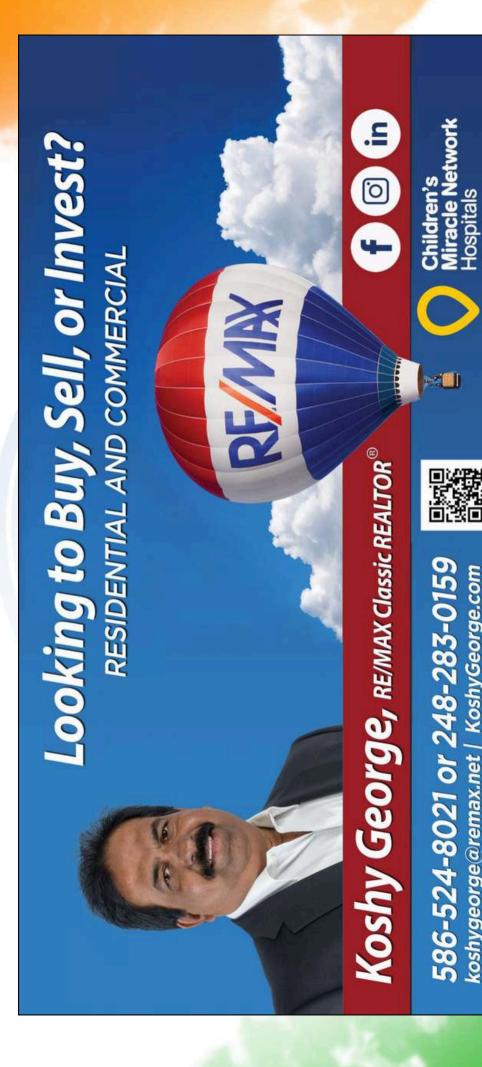
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Happy Independence Day
With best compliments from

Mr. Khanna and Family

Happy Independence Day wishes from James and Shweta Bhan



Staff



Priya Rao, Ph.D., is a licensed Clinical Psychologist with over 20 years of experience providing psychotherapy and psychological testing services to adults, adolescents, children, and couples. She has a special interest in working with mood disorders, anxiety/frauma/stress disorders, adjustment issues, behavioral/school issues, ADHD, learning disabilities, family conflict, race/gender issues, grief/loss therapy, abuse, domestic violence, custody/forensic issues, psychosis, and marital/couples issues.

Priya is proficient with standardized psychological testing assisting with diagnosis of attention issues, learning disorders, as well as differential diagnosis for clinical syndromes. Priya also performs return to work and custody evaluations.

Priya is also trained in using modalities like Cognitive Behavioral Therapy, Brief Solution Focused therapy, Psychodynamic therapy, Behavior Modification, and Marital Counseling.

NEUROBLOOM PSYCHOLOGICAL CLINIC

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NEUROBLOOM

PSYCHOLOGICAL CLINIC



www.myneurobloom.com

About Us

Our vision is to create a team of therapists and doctors who are here to help you reach your individual potential and create healthier relationships in your life. Sometimes, life throws you a curve ball or you hit a bump in the road. We are here to help you free yourself from situations you feel stuck in and find your path to greater happiness and fulfillment. If you are experiencing depression, anxiety, stress, relationship issues or other burdens in your life, we welcome you to our practice to start the process of healing, growth, and transformation.

Our Services

Neurobloom Psychological Clinic is an Outpatient Clinic that provides assessment and treatment of a wide range of issues including:

- ADHD
- Anger
- Anxiety
- Assessment & Testing
- Court Matter
- Custody
- Depression
- Divorce
- Family
- Family
 Forensics
- Relationships
- School
- Stress
- Work

We realize that no two people are the same and as such we tailor our therapy to meet the specific needs of our clients. Whether you are struggling with anxiety, depression or any other issue, we will help you recognize underlying problems, fully realize your strengths and adjust certain behaviors and thoughts to achieve a healthier future.

Rates & Insurances

Fees vary depending on the length of the session time, educational degree of therapist, and level of experience.

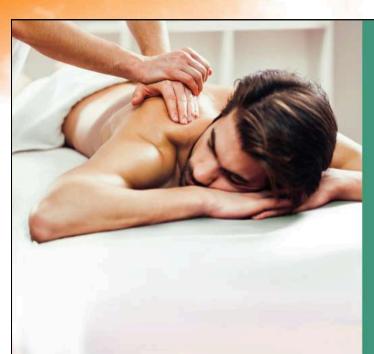
We offer a sliding scale for private pay clients. Please call or email our office to inquire about private pay (noninsurance) rates.

We do accept many insurances at this time and we are constantly adding more to the list. Please make sure that our services are covered under your plan. We would recommend asking these questions to your insurance provider to help determine your benefits:

- Does my health insurance plan include mental health benefits?
- Do I have a deductible? If so, what is it and have I met it yet?
- Does my plan limit how many sessions per calendar year I can have? If so, what is the limit?
- Do I need written approval from my primary care physician in order for services to be covered?

Please contact us for any additional questions you may have. We look forward to hearing from you!





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- Annual / Sports Physicals
- Obesity Medicine / Weight management
- Disease management
- Behavioral health
- In-office testing

ACCEPTING NEW PATIENTS! SPECIALS BELOW!

BACK TO SCHOOL!

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\$30

Until December 1st, 2025 *must be 18 or younger*

ENERGIZE!

B12 Shots

\$20 Until December 1st,

2025

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From the Ahluwalia family to yours Wishing you Happy Independence Day!







